

Item #: 5124

Product Name: Pumpkin Seeds, Raw

Ingredients: Pumpkin seeds.

Allergens: N/A

Country of Origin: Pumpkin seeds a product of China.
Processed & packaged in the USA.

Organic Status: Not Organic

Bioengineered Statement Required: No

Foreign Material Hazard:
May contain shell fragments.

Metal Detection: Less than or equal to: 2.5 mm Ferrous; 2.5 mm
Non-Ferrous; 3.5 mm Stainless Steel

Effective Date: 1/24/2025

Case UPC: 0-30243-05124-8

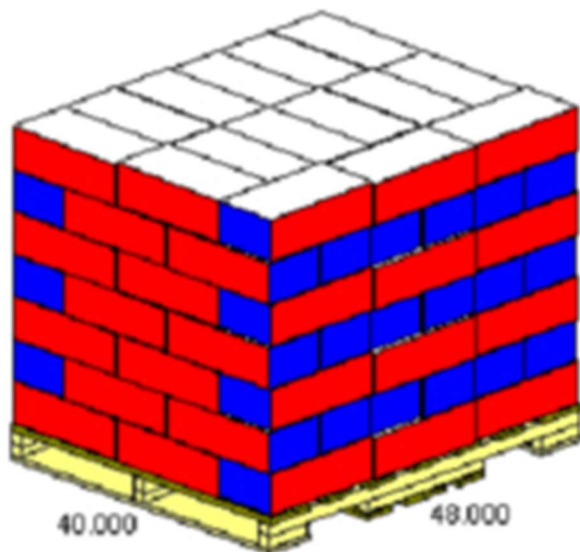
Case Weight (Lb): 5lbs

Cases Per Pallet: 105

Case Dimensions: 15.5x7.875x6.25

Pallet Dimensions: 40x48x48.750

Pallet Pattern:





GOOD SENSE®



Nutrition Information:

Nutrition Facts	
servings per container	
Serving size	1/4 cup (30g)
Amount per serving	
Calories	170
% Daily Value *	
Total Fat 15g	19%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	6%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	13%
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 2.6mg	15%
Potassium 240mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	