

Nutrition Facts

648.0 Servings Per Container

Serving Size 1/4 cup (Dry) 35g

Amount per serving

Calories 100

%Daily Value*

Total Fat	2g	2%
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Saturated Fat	0g	0%
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Trans Fat	0g	
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Cholesterol	0mg	0%
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Sodium	10mg	0%
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Total Carbohydrates	22g	8%
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Dietary Fiber	8g	30%
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Total Sugars	1g	
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includes 0g sugars added	0%	
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Protein	7g	
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Vitamin D	0mcg	0%
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Calcium	9mg	0%
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Iron	1.7mg	10%
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Potassium	295mg	6%
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*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for a general nutrition advice.

Ingredients:

Garbanzo Beans