

Father Sam's Bakery

Item Number: 44000

10" Organic Wheat Flour

Version 2.3

Nutrition Facts	
10 servings per container	
Serving Size 1 tortilla (76g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0g	1%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 33g	12%
Dietary Fiber 5g	19%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron .46mg	2%
Potassium 43mg	0%

*The % Daily Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Organic Whole Wheat Flour, Organic Wheat Flour, Organic Canola Oil or Palm Oil, Salt, Organic White Distilled Vinegar, Organic Cultured Wheat, Sodium Acid Pyrophosphate, Organic Sugar, Sodium Bicarbonate, and 2% or Less of Each of the Following: Sunflower Lecithin, Enzymes.

Contains: Wheat