



NUTRITION OUTPUT FORM

ITEM NUMBER: 4113

ITEM DESCRIPTION: HOLA CHURRO REG BAVARIAN 100/CT

Nutrition Facts	
100 servings per container	
Serving size	1 churro (50g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.9mg	6%
Potassium 40mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	367.883
Calories from SatFat (kcal)	43.546
Protein (g)	5.192
Carbohydrates (g)	52.100
Dietary Fiber (2016) (g)	0
Total Sugars (g)	19.495
Added Sugar (g)	18.918
Fat (g)	15.501
Saturated Fat (g)	4.838
Mono Fat (g)	4.287
Poly Fat (g)	1.015
Trans Fatty Acid (g)	0.113
Cholesterol (mg)	0
Water (g)	18.500
Ash (g)	0
Vitamins	
Vitamin A - RAE (mcg)	0
Vitamin C (mg)	0
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0
Minerals	
Calcium (mg)	17.489
Iron (mg)	1.731
Potassium (mg)	70.093
Sodium (mg)	285.530

INGREDIENTS: CHURRO MIX (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, WHEAT STARCH, SOYBEAN OIL, BUTTERMILK, SOY FLOUR [CONTAINS SOY LECITHIN], FRUCTOSE, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE], ARTIFICIAL FLAVORS, MONO AND DIGLYCERIDES, EGG WHITES), CREME FILLING (HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, FOOD STARCH-MODIFIED, VEGETABLE SHORTENING [PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60], SOYBEAN OIL, SALT, PRESERVATIVES [POTASSIUM SORBATE, SODIUM BENZOATE], NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, TITANIUM DIOXIDE [COLOR], YELLOW 5, YELLOW 6), WATER, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, COTTONSEED OIL, PALM OIL, SOYBEAN OIL).

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

LAST MODIFIED: 9.22.22

MODIFIED BY: Rachel Reynolds

DOCUMENT REVISION #: 2