

# Nutrition Facts

About 39 servings per container  
**Serving size** 3 Tbsp (37g)  
makes 2/3 cup (115g)

Amount per serving  
**Calories** 170

	% Daily Value*
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 14g	
Includes 14g Added Sugars	<b>28%</b>

<b>Protein</b> 1g	
Vitamin D 0mcg	0%
Calcium 107mg	8%
Iron 6mg	35%
Potassium 27mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4