



2970022313 - Idahoan® SMARTMASH® Classic Mashed Potatoes with Vit C, 12/26 oz. pchs

Formerly REAL Mashed Potatoes w/Vit C, these are a healthier alternative to traditional mashed potatoes—made to deliver delicious taste and enhanced with Vitamin C. They're perfect for healthcare, K12, or wherever Vitamin C is required.

Brand: Idahoan®



Nutrition Facts

Serving Size 1/4 (23g)
Servings Per Container: 32

Amount Per Serving

Calories 80

		% Daily Value*
Total Fat	0.5g	1%
Saturated Fat	0g	1%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	320mg	14%
Potassium	240mg	6%
Total Carbohydrate	17g	6%
Dietary Fiber	1g	5%
Sugars	0g	
Protein	2g	

Vitamin A	0 IU	•	Vitamin C	30%
Calcium	20 mg	•	Iron	0.3 mg
Vitamin D	0mcg	•		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutritional/Diet Claims: Kosher YES-K

Ingredients

Idaho® Potatoes, Salt, Sunflower Oil, Nonfat Dry Milk, Monoglycerides, Calcium Stearoyl Lactylate, Ascorbic Acid (Vitamin C), Spice, Artificial Color, Natural And Artificial Flavors. Freshness Preserved By Sodium Acid Pyrophosphate, Sodium Bisulfite, Citric Acid, Mixed Tocopherols

Case Specifications

GTIN	10029700223134	Case Gross Weight	21.30 LB
UPC	029700223137	Case Net Weight	19.50 LB
Pack Size	12 / 26OZ	Case L,W,H	15.43 IN, 11.10 IN, 11 IN
		Cube	1.09 CF
Tie x High	10 x 4		

Preparation and Cooking

1. Add 1 gallon of boiling water to a 6" deep ½ size team table pan. 2. Add entire package of potatoes all at once and stir to wet all potatoes. Let stand one minute. 3. Mix with wire whip and serve.

Serving Suggestions

140 Grams Prepared

Product Features and Benefits

- Made with 100% Real Idaho Potatoes
- Naturally Gluten Free potatoes

Packaging and Storage

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 degrees F and 60% R.H.

Allergens

CONTAINS:
Milk or Milk Derivatives

FREE FROM:
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Peanuts or Peanut Derivatives, Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

Product Images

