



2970000344 - Idahoan® RUSTIC Baby Reds®
Mashed Potatoes, 8/32.85 oz. pchs (lumps & peels)

Made from a blend of russet and baby red potatoes—featuring real lumps and peels, with butter and seasoning—these formerly Baby Reds® Mashed Potatoes deliver unique flavor in every bite with speed-scratch convenience.

Brand: Idahoan®



Nutrition Facts

Serving Size 1/3 cup (29g)
Servings Per Container: 32

Amount Per Serving

Calories 120 Calories from Fat 25

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	18%
Potassium 300mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 1g	

Protein 2g

Vitamin A 0 IU	•	Vitamin C 6%
Calcium 20 mg	•	Iron 0.4 mg
Vitamin D 0mcg	•	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Idaho® Potatoes (Russet And Red Varieties), Vegetable Oil (Coconut, Sunflower), Maltodextrin, Salt, Sugar, Buttermilk Powder, Nonfat Dry Milk, Butter (Cream, Salt), Monoglycerides, Calcium Stearoyl Lactylate, Natural Flavors. Freshness Preserved By Sodium Acid Pyrophosphate, Sodium Bisulfite, Citric Acid, And Mixed Tocopherols.

Case Specifications

GTIN	10029700003446	Case Gross Weight	18.12 LB
UPC	029700003449	Case Net Weight	16.43 LB
Pack Size	8 / 32.85OZ	Case L,W,H	14 IN, 12 IN, 8.50 IN
		Cube	0.83 CF
Tie x High	11 x 5		

Preparation and Cooking

1. Measure into a 6" x 1/2 size steam table pan 1 gallon of boiling water. 2. Add one pouch of seasoned potatoes all at once, using a spoon or wire whip to distribute evenly and wet all potatoes. 3. Place on steam table at 170°F and let stand 5-10 minutes until lumps are soft and tender. 4. Mix well and serve. Note: For a creamier mashed potato add more boiling water.

Serving Suggestions

1/2 cup Prepared

Product Features and Benefits

- Made with 100% Real Idaho Potatoes
- Naturally Gluten Free potatoes

Packaging and Storage

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 degrees F and 60% R.H.

Allergens

CONTAINS:

Milk or Milk Derivatives, Soybeans or Soybean Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Shellfish or Shellfish Derivatives, Sulphites or Sulphite Derivatives, Tree nuts or Tree nut Derivatives, Wheat or Wheat Derivatives

Product Images



Nutritional/Diet Claims: Kosher DAIRY