

Product Name	Cheez It White Cheddar
Flavor Descriptor	
NLI Description	Production - 1.5 OZ (42g)
Brand	KELLOGG'S CHEEZ-IT



Date Created	07-11-22
NLI #	13714b
Kosher Status	OK-D
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving		
USDA Ounce Equivalents of Meat/Meat Alternate		
Whole Grains (g/serving)		0
USDA Bioengineered (BE) Status	Contains a bioengineered food ingredient	

Ingredients:

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), **vegetable oil** (soybean and palm oil with TBHQ for freshness), **white cheddar cheese** (milk, cheese cultures, salt, enzymes).

Contains 2% or less of salt, whey, cheddar cheese (milk, cheese cultures, salt, enzymes), monosodium glutamate, whey protein concentrate, butter (cream, salt), baking soda, yeast, natural and artificial flavor, lactic acid, calcium lactate, disodium phosphate, citric acid, turmeric extract color, annatto extract color, soy lecithin.

ALLERGEN INFORMATION:

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

Nutrient Contents Per 100g

Calories	502	Vitamin E	0 mg
Total Fat	24.4 g	Vitamin K	NA mcg
Saturated Fat	5.7 g	Thiamin	0.58 mg
Trans Fat	0.4 g	Riboflavin	0.35 mg
Polyunsaturated Fat	11.9 g	Niacin (NE)	6.4 mg
Monounsaturated Fat	5.9 g	Vitamin B6	0.03 mg
Cholesterol	5 mg	Folate (DFE)	184 mcg
Sodium	687 mg	Folic Acid	110 mcg
Total Carbohydrate	61.4 g	Vitamin B12	0 mcg
Dietary Fiber	1.9 g	Biotin	NA mcg
Soluble Fiber	0 g	Pantothenic Acid	NA mg
Insoluble Fiber	0 g	Phosphorus	85 mg
Total Sugars	1.3 g	Iodine	NA mcg
Added Sugars	0 g	Magnesium	20 mg
Sugar Alcohols	NA g	Zinc	0.8 mg
Protein	9.1 g	Selenium	NA mcg
Vitamin D	0 mcg	Copper	NA mg
Calcium	67 mg	Manganese	NA mg
Iron	4 mg	Chromium	NA mcg
Potassium	118 mg	Molybdenum	NA mcg
Vitamin A (RAE)	19 mcg	Chloride	NA mg
Vitamin C	0 mg	Choline	NA mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA mg
		Moisture	2.8 %
		Ash	2.3 %
		Whole Grain	0 %

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 24100 12653 8	Caddy	12 oz (340g)	8
		8 - 1.5 OZ (42g)	
000 24100 12660 6	Pouch	1.5 oz (42g)	1
000 24100 12654 5	Case		48
100 24100 12660 3	Case		60
000 24100 22867 6	Case	630 lbs	
000 24100 10811 4	Case		
000 24100 10812 1	Carton	67.5 oz (4 lb 3.5 oz) (1.91kg)	
			15
000 24100 11172 5	Case		
000 24100 10892 3	Case		
000 24100 10893 0	Carton	67.5 oz (4 lb 3.5 oz) (1.91kg)	45
000 24100 10979 1	Case		200

Product information can change at any time.
Always refer to product package for current nutrition and ingredient information.

Stefanie Dove, MBA RDN SNS

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