

CHEDDAR

Nutrition Facts

8 servings per container

Serving size 1 Package (39g)

Amount per serving

Calories 190

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 380mg **17%**

Total Carbohydrate 24g **9%**

Dietary Fiber <1g **2%**

Total Sugars 5g

Includes 2g Added Sugars **4%**

Protein 3g

Vitamin D 0mcg 0% • Calcium 50mg 4%

Iron 1.2mg 6% • Potassium 100mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B₁ [thiamin mononitrate], vitamin B₂ [riboflavin], folic acid), vegetable oil (soybean, palm and palm kernel oil with TBHQ for freshness), whey, sugar, cornstarch.

Contains 2% or less of salt, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), cheddar cheese (milk, cheese cultures, salt, enzymes), disodium phosphate, buttermilk, yellow 6, red pepper, annatto color, partially defatted peanut flour, soy lecithin.

CONTAINS WHEAT, MILK, PEANUT AND SOY INGREDIENTS.