

Nutrition Facts

Serving Size

Serving Per Container

Amount Per Serving

Calories 195

Calories from Fat 35

% Daily Value*

Total Fat 4g 6%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 350mg 15%

Total Carbohydrates 33g 11%

Dietary Fiber 1g 4%

Sugars 2g

Protein 6g

Vitamin A 8%

Vitamin C 0%

Calcium 6%

Iron 10%

* Percent Daily Values are based on a 2000 calorie diet.
Your daily value may be higher or lower depending on
your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g