About 18 servings per of Serving size 7 P	container Pieces (140g
Amount per serving Calories	280
	6 Daily Value
Total Fat 5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 300mg	13%
Total Carbohydrate 48g	17%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 2g Added Suga	ars 4%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 73mg	6%
Iron 1mg	6%
Potassium 208mg	4%

## "The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Enriched Semolina Flour (Semolina Flour (Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Squash, Water, Ricotta Cheese (Pasteurized Milk, Pasteurized Whey, Pasteurized Gream, Vinegar, Salt), Sasteurized Egs, Bread Crumbs (Wheat Flour, Dextrose, Less Than 2% of Each of The Following: Yeast, Salt), Brown Sugar, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, And Enzymes), Beta Carotene(Color), Salt, Citrus Fiber, Natural Flavors, Corn Starch, Stabilizers (Xanthan Gum, Locust Bean Gum, Guar Gum), Lemon Juice, Mustard Flour, Spices, Contains: Wheat, Milk, Eggs