

Nutrition Facts

About 37 servings per container

Serving size 1 Cup (123g)

Amount per serving

Calories **240**

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 470mg **20%**

Total Carbohydrate 54g **20%**

Dietary Fiber 3g **11%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 6g

Vitamin D 0mcg **0%**

Calcium 17mg **2%**

Iron 1mg **6%**

Potassium 466mg **10%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Durum Wheat Semolina, Potatoes, Water, Salt.