

# Nutrition Facts

105 servings per container

**Serving size** 1/4 cup (43g)

Amount per serving

**Calories** 160

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 33g 12%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 5g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0mg 0%

Potassium 71mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENT STATEMENT:** Durum Wheat Semolina

**ALLERGEN INFORMATION:** Contains **Wheat / Gluten**.