



Enjoy the classic taste of Cheerios with this gluten-free, whole grain oat cereal in bulk 29 oz packs. Perfect for K-12 food service, it offers cost-effective meal solutions with minimal waste and labor savings. Comes with 4 bulk packages per case, ensuring you meet USDA Smart Snacks and CACFP criteria.

Product Information:

PRODUCT CODE:	11977000
UPC:	16000119772
GTIN:	10016000119779
UNIT SIZE:	29
CASE COUNT:	4
ATTRIBUTES:	Kosher No Artificial Flavors No Colors from Artificial Sources 1.25 oz. Eq. Grain Whole Grain No Gelatin Smart Snacks Compliant No High Fructose Corn Syrup Gluten Free CACFP eligible

Ingredients & Allergens

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Preparation Instructions

Ready to eat

Package Information:

NET WEIGHT:	4 - 1 LB 13 OZ (29 OZ) (822g) BAGS NET WT 7.25 LB (3.28kg)
VOLUME:	1.8 CF
HEIGHT:	16.6
LENGTH:	20
WIDTH:	4
CASE SIZE:	9.5
* - {C8CFC7A3-D396-4DED-B576-3EFC EE245E76}	
* - {0341D2A0-62FC-4BE7-994B-85A5E588EC4E}	

Nutrition Facts

1 1/2 cup with 3/4 cup skim milk (223g)			Cheerios (39g)		100g (100g)
Serving Size					
with 3/4 cup skim milk			Cheerios		As Packaged
Calories			140		367
% DV			% DV		
Total Fat	3g	4%	2g	3%	7g
Saturated Fat	1g	4%	0g	3%	1g
Trans Fat	0g		0g		0g
Polyunsaturated	1g		1g		3g
Monounsaturated	1g		1g		2g
Cholesterol	5mg	1%	0mg	-	0mg
Sodium	270mg	12%	190mg	8%	498mg
Total Carbohydrate	38g	14%	29g	10%	74g
Dietary Fiber	4g	15%	4g	15%	11g
Soluble Fiber	2g		2g		5g
Total Sugars	11g	-	2g	-	5g
Incl. Added Sugars	1g	2%	1g	2%	3g
Protein	11g		5g		13g
Vitamin D	6µg	30%	4µg	20%	10µg
Calcium	350mg	25%	130mg	10%	333mg
Iron	13mg	70%	13mg	70%	32mg
Potassium	540mg	10%	250mg	6%	653mg
Vitamin A	-	20%	-	10%	
Vitamin C	-	10%	-	10%	-
Thiamin	-	25%	-	20%	-
Niacin	-	10%	-	10%	-
Vitamin B6	-	20%	-	20%	-
Folate	-	20%	-	20%	-
Folic Acid	45µg	-	45µg	-	115µg
Vitamin B12	-	50%	-	20%	-
Phosphorus	-	25%	-	15%	-
Magnesium	-	15%	-	10%	-
Zinc	-	25%	-	20%	-

Water	-	-	-	2g
Ash	-	-	-	5g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.