

## Nutrition Facts

4 servings per container

**Serving size 1 cup (240mL)**

**Amount per serving**

**Calories 50**

**% Daily Value\***

**Total Fat** 4.5g **6%**

Saturated Fat 4g **20%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 0g

Vitamin D 2.5mcg 10% • Calcium 130mg 10%

Iron 0.2mg 0% • Potassium 40mg 0%

Vitamin A 140mcg 15% • Vitamin B12 3mcg 120%

Magnesium 35mg 8% • Zinc 0.8mg 8%

Selenium 7mcg 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

ORGANIC COCONUTMILK (FILTERED WATER, ORGANIC COCONUT CREAM), ORGANIC GUAR GUM, VITAMIN AND MINERAL BLEND (CALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, CALCIUM CARBONATE, L-SELENOMETHIONINE [SELENIUM], VITAMIN A ACETATE, VITAMIN D2, ZINC OXIDE, VITAMIN B12), NATURAL FLAVOR, XANTHAN GUM.

**CONTAINS COCONUT.**