

# Nutrition Facts

1 Servings Per Container

**Serving Size 10 fl oz as packaged  
(326g)**

Amount Per Serving

**Calories 550**

**% Daily Value\***

**Total Fat** 17g **21%**

Saturated Fat 11g **54%**

*Trans* Fat 0.5g

**Cholesterol** 55mg **18%**

**Sodium** 190mg **8%**

**Total Carbohydrate** 87g **32%**

Dietary Fiber 0g **0%**

Total Sugars 57g

Includes 41g Added Sugars **82%**

**Protein** 13g **25%**

Vitamin D 1.2mcg **6%**

Calcium 410mg **30%**

Iron 0.3mg **2%**

Potassium 550mg **10%**

Thiamin **15%**

Riboflavin **50%**

Niacin **0%**

Folate **2%**

\* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, CORN SYRUP, SUGAR, CREAM, SKIM MILK, NONFAT DRY MILK, CONTAINS LESS THAN 2% OF THE FOLLOWING: MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM, DEXTROSE, CARRAGEENAN.