

Nutrition Facts

Serving Size 3 1/4 oz (92g)

Servings per Container 16

Amount per Serving

Calories 360 **Calories from Fat** 170

% Daily Value*

Total Fat 19g 30%

 Saturated Fat 9g 45%

Trans Fat 0g

 Polyunsaturated Fat 3.5g

 Monounsaturated Fat 6g

Cholesterol 45mg 15%

Sodium 390mg 16%

Total Carbohydrate 43g 14%

 Dietary Fiber 0g 0%

 Soluble Fiber 0g

 Sugars 23g

Protein 4g

Vitamin A 60% • Vitamin C 2%

Calcium 8% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

 Fat 9 • Carbohydrates 4 • Protein 4