

Nutrition Facts Servings: 1, **Serv. size:**
1 Can drained (67g), Amount per serving:
Calories 190, **Total Fat** 13g (17% DV),
Sat. Fat 2g (9% DV), *Trans* Fat 0g, **Cholest.** 20mg
(7% DV), **Sodium** 270mg (12% DV), **Total Carb.**
0g (0% DV), Fiber:0g (0% DV), Total Sugars 0g (Incl.
0g Added Sugars, 0% DV), **Protein** 17g, Vit. D (10%
DV), Calcium (0% DV), Iron (2% DV), Potas. (2% DV).