



14205 - 12/11 OZ MAND ORNG SEG LS

Sunshine for all. Full of sunshine. We've peeled the fruit. Now all you need to do is peel back the lid for delicious nutrition.

Brand: DOLE



Nutrition Facts

2.5 servings per container
Serving size 1/2 cup (123g)

Amount per serving
Calories **110**

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 20g	
Includes 14g Added Sugars	28%

Protein <1g

Vitamin D 0mcg 0%	•	Calcium 30mg 2%
Iron 0mg 0%	•	Potassium 140mg 2%
Vitamin A 20mcg 2%		
Vitamin C 9mg 10%		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional/Diet Claims: Kosher PAREVE

Ingredients

Mandarin Oranges, Water, Sugar, And Citric Acid.

Case Specifications

GTIN	10038900142053	Case Gross Weight	9.97 LB
Pack Size	12 / 11OZ	Case Net Weight	8.25 LB
Shelf Life	1098 Days	Case L,W,H	12.50 IN, 9.25 IN, 3.38 IN
Tie x High [Total]	16 x 12 [192]	Cube	0.23 CF

Each Specifications

GTIN	00038900042059	Each Gross Weight	13.29 OZ
UPC	038900042059	Each Net Weight	11 OZ
Unit Size	1 / 11OZ	Each L,W,H	2.88 IN, 2.88 IN, 3.31 IN
		Cube	0.02 CF

Preparation and Cooking

Ready to Eat

Serving Suggestions

DOLE® Mandarin Oranges can add a refreshing sweet taste to cottage cheese or yogurt, stir-fries, green salads, gelatin salads or alone as a snack or dessert.

Product Features and Benefits

Good source of vitamin C. Kosher

Packaging and Storage

After opening, refrigerate contents in glass or plastic container.

Barcode

Case Barcode



10038900142053

Each Barcode



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