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Diced Carrots

INGREDIENTS

Diced carrots, water.

NUTRITION FACTS

Serving Size	1/2 cup	128g
Calories	45	
Calories From Fat	0	
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	45mg	2%
Total Carbohydrates	11g	4%
Dietary Fiber	3g	14%
Sugars	1g	
Protein	1g	
Vitamin A		80%
Vitamin C		6%
Calcium		4%
Iron		4%

* Percent Daily Values are based on a 2,000 calorie diet.

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