

Nutrition Facts

Serving Size 1/4 cup (65g)

Servings Per Container about 45

Amount Per Serving

Calories 180 **Calories from Fat** 120

% Daily Value*

Total Fat 14g **22%**

 Saturated Fat 3.5g **18%**

 Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 1000mg **42%**

Total Carbohydrate 7g **2%**

 Dietary Fiber 0g **0%**

 Sugars 5g

Protein 6g

Vitamin A 4% • Vitamin C 0%

Calcium 20% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholest	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carb			300g	375g
Fiber			25g	30g