

Nutrition Facts

Serving Size 2 Tbsp (33g)

Servings Per Container about 96

Amount Per Serving

Calories 30

% Daily Value*

Total Fat 0g **0%**

Trans Fat 0g

Sodium 20mg **1%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **6%**

Sugars 3g

Protein 2g

Vitamin A 10% • Vitamin C 10%

Calcium 0% • Iron 4%

Not a significant source of calories from fat, saturated fat and cholesterol.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4