Nutrition F	acts
Serving Size	
Amount Per Serving Calories 420	
	% Daily Value*
Total Fat 12g	18%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 909mg	38%
Total Carbohydrate 71g	24%
Dietary Fiber 3g	12%
Sugars 41g	
Protein 8g	16%

INGREDIENTS:

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA PROCESSED WITH ALKALI, SOYBEAN OIL, PALM OIL, EGG WHITE, EGGS WITH SODIUM SILICOALUMINATE, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), CAROB POWDER, DEXTROSE, MODIFIED CORN STARCH, PROPYLENE GLYCOL MONO AND DIESTERS, SALT, SORBITAN MONOSTEARATE, NONFAT MILK, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, DICALCIUM PHOSPHATE, TETRASODIUM PYROPHOSPHATE, XANTHAN GUM, POLYSORBATE 60, MONO AND DIGLYCERIDES, CALCIUM ACETATE, GUAR GUM, CELLULOSE GUM, RED 40, SOY FLOUR.

CONTAINS: WHEAT, EGG, MILK AND SOY INGREDIENTS.