Nutrition F	acts
Serving Size	
Amount Per Serving Calories 421	
	% Daily Value*
Total Fat 12g	18%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 948mg	40%
Total Carbohydrate 70g	23%
Dietary Fiber 4g	16%
Sugars 40g	
Protein 9g	18%

INGREDIENTS:

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA PROCESSED WITH ALKALI, PALM OIL, EGG WHITE, EGGS WITH SODIUM SILICOALUMINATE, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE, MODIFIED CORN STARCH, PROPYLENE GLYCOL MONO AND DIESTERS, SALT, SORBITAN MONOSTEARATE, MALTODEXTRIN, NONFAT MILK, DICALCIUM PHOSPHATE, TETRASODIUM PYROPHOSPHATE, XANTHAN GUM, MONO AND DIGLYCERIDES, POLYSORBATE 60, CALCIUM ACETATE, GUAR GUM, CELLULOSE GUM, ARTIFICIAL FLAVOR, RED 40, SOY FLOUR.

CONTAINS: WHEAT, EGG, MILK AND SOY INGREDIENTS.