Nutrition	Facts
Serving Size	
Amount Per Serving Calories 400	
Calonies 400	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 29mg	10%
Sodium 566mg	24%
Total Carbohydrate 75g	25%
Dietary Fiber 2g	8%
Sugars 27g	
Protein 7g	14%
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT STARCH, SOYBEAN OIL, SOY FLOUR, NONFAT MILK, LEAVENING (DICALCIUM PHOSPHATE, BAKING SODA, GLUCONO DELTA LACTONE, SODIUM ACID PYROPHOSPHATE), DEXTROSE, EGG YOLKS, SALT, MONO- AND DIGLYCERIDES, DRIED SOUR CREAM WITH CITRIC ACID AND TOCOPHEROLS AND ASCORBYL PALMITATE ADDED TO PROTECT FLAVOR, MALTODEXTRIN, SODIUM DIACETATE (A ROPE INHIBITOR), ARTIFICIAL FLAVOR, CORN STARCH, COLORED WITH YELLOW 5 AND RED 40.

CONTAINS: WHEAT, SOY, MILK AND EGG INGREDIENTS.