

Nutrition Facts	
Serving size	
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 470mg	20%
Total Carbohydrate 35g	13%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 6g	12%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Gluten-free 100% whole grain oat flour, brown sugar, tapioca starch, leavening (monocalcium phosphate, baking soda), eggs, sea salt, xanthan gum.

Contains egg. Due to processing on shared equipment, may contain trace amounts of milk, soy, and tree nuts.