

Nutrition Facts

Serving size	
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars 10g	
Includes 10g Added Sugars	20%
Protein 12g	24%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS:

100% whole grain rolled oats, cane sugar, semisweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, sunflower lecithin), pea protein concentrate with tapioca starch, milk protein isolate with sunflower lecithin, cocoa, sea salt.

Contains milk. Also contains trace amounts of egg, soy, peanuts, tree nuts, and wheat due to processing on shared equipment.