

# Nutrition Facts

Serving Size	1/2 cup mix (72g)		100 g (100g)
		As Packaged	As Packaged
Calories		300	411
		% DV	
Total Fat	7g	9%	10g
Saturated Fat	4g	18%	5g
Trans Fat	0g		0g
Cholesterol	10mg	4%	15mg
Sodium	560mg	24%	773mg
Total Carbohydrate	55g	20%	76g
Dietary Fiber	1g	3%	1g
Total Sugars	28g	-	38g
Incl. Added Sugars	27g	53%	37g
Protein	3g		5g
Vitamin D	0µg	-	0µg
Calcium	50mg	4%	66mg
Iron	2mg	10%	3mg
Potassium	0mg	-	94mg
Water	-	-	6g
Ash	-	-	3g

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

## Ingredients & Allergens

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: DEXTROSE, MODIFIED WHEY, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, XANTHAN GUM, SOY LECITHIN, NONFAT MILK, WHEY, NATURAL FLAVOR, ANNATO AND TURMERIC EXTRACT COLOR, DEFATTED SOY FLOUR, EGGS WITH SODIUM SILICOALUMINATE.

CONTAINS WHEAT, EGG, MILK AND SOY INGREDIENTS.