

Nutrition Facts

42 (1/3 cup) servings per container
64 (1/4 cup) servings per container
Serving size 1/3 cup mix (54g)
1/4 cup mix (35g)

	Per 1/3 cup Mix		Per 1/4 cup Mix	
Calories	220	150		
	% DV*		% DV*	
Total Fat	5g	7%	3.5g	5%
Saturated Fat	3g	15%	2g	10%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	350mg	15%	230mg	10%
Total Carbohydrate	41g	15%	27g	10%
Dietary Fiber	< 1g	2%	0g	0%
Total Sugars	23g		15g	
Incl. Added Sugars	23g	46%	15g	30%
Protein	3g		2g	
Iron	1mg	6%	0.7mg	4%

Not a significant source of vitamin D, calcium, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), DEXTROSE. CONTAINS 2% OR LESS OF: EGG WHITE, MODIFIED CORN STARCH, PROPYLENE GLYCOL MONO AND DIESTERS, SALT, NONFAT MILK, MONO AND DIGLYCERIDES, SOY LECITHIN, XANTHAN GUM, WHEY, NATURAL FLAVOR.

CONTAINS WHEAT, EGG, MILK AND SOY INGREDIENTS.

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