



NUTRITIONAL GUIDANCE:Green Onion

Serving Size: 100g

Nutritional information is derived from NutriCalc nutritional analysis software from calculated values.
Actual values will vary within natural products. Values listed are to aid development work and should not be used to determine product labels. Customers should conduct further analysis of their final products as required by 21CFR101.9.

Calories	336.00 kcal	Niacin Equiv.	-- mg
Protein	23.00 g	Vitamin B6	4.46 mg
Carbohydrates	56.37 g	Vitamin B12	0.00 mcg
Sugars	16.10 g	Folate	-- mcg
Added Sugars	0.00 g	Pantothenic Acid	15.30 mg
Dietary Fiber	30.43 g	Vitamin C	-- mg
Fat - Total	2.02 g	Vitamin D	0.00 mcg
Saturated Fat	0.64 g	Vitamin E	1.52 mg
Mono Fat	0.04 g	Calcium	1910.0 mg
Poly Fat	1.35 g	Copper	-- mg
Cholesterol	0.00 mg	Iron	23.70 mg
Ash	11.78 g	Magnesium	327.00 mg
Water	6.83 g	Manganese	-- mg
Vitamin A - RAE	-- mcg	Phosphorus	-- mg
A-Retinol	-- RE	Potassium	2830.00 mg
A-Carotenoid	-- RE	Selenium	-- mcg
Thiamin - B1	12.00 mg	Sodium	29.50 mg
Riboflavin - B2	17.60 mg	Zinc	18.50 mg
Niacin - B3	84.50 mg	Trans Fatty Acids	0.00 g

Values reviewed on 07/11/2024. Contact your account representative to ensure most recent copy.



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