



U. S. CONSUMER PRODUCTS DIVISION
McCORMICK & COMPANY, INC.

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Nutritional Datasheet

901743096 SA FURIKAKE SEAS 6/4.58 OZ ECOM

NUTRIENT	PER 100 GRAMS unrounded
Calories (kcal)	439.344
KiloJoules (kJ)	1,838.217
Total Fat (g)	31.335
Saturated Fat (g)	4.207
Trans Fat (g)	0.010
Cholesterol (mg)	0.000
Sodium (mg)	12,948.518
Total Carbohydrate (g)	31.823
Dietary Fiber (g)	7.309
Total Sugars (g)	17.690
Added Sugars (g)	17.483
Protein (g)	11.163
Vitamin D (mcg)	0.000
Calcium (mg)	1,182.708
Iron (mg)	19.111
Potassium (mg)	1,076.125
Water (g)	2.947
Ethanol (Alcohol) (g)	0.001
Ash (g)	22.732

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Issued By Milena Michalik

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McCormick Brings Passion to Flavor™