



PRODUCT SPECIFICATIONS

Product Code: 00312

Badia Spices, Inc.
1400 NW 93rd Avenue
Doral, FL 33172

Product Name:

4/1.35 LBS OREGANO WHOLE

Nutrient Analysis	
Nutrient	Per 100g
Calories (kcal)	265
Calories from Fat (kcal)	38.52
Calories from SatFat (kcal)	13.96
Fat (g)	4.28
Saturated Fat (g)	1.55
Trans Fatty Acid (g)	0
Poly Fat (g)	1.37
Mono Fat (g)	0.72
Cholesterol (mg)	0
Carbohydrates (g)	68.92
Dietary Fiber (g)	42.5
Soluble Fiber (g)	--
Insoluble Fiber (g)	--
Total Sugars (g)	4.09
Other Carbs (g)	22.33
Protein (g)	9
Vitamin A - IU (IU)	1701
Vitamin C (mg)	2.3
Vitamin D - IU (IU)	0
Vitamin E - IU (IU)	27.21
Vitamin B1 (mg)	0.18
Vitamin B2 (mg)	0.53



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Nutrient Analysis	
Nutrient	Per 100g
Vitamin B3 (mg)	4.64
Vitamin B6 (mg)	1.04
Folate (mcg)	237
Vitamin B12 (mcg)	0
Biotin (mcg)	--
Pantothenic Acid (mg)	0.92
Sodium (mg)	25
Potassium (mg)	1260
Calcium (mg)	1597
Iron (mg)	36.8
Phosphorus (mg)	148
Magnesium (mg)	270
Zinc (mg)	2.69
Iodine (mcg)	--
Copper (mg)	0.63
18:0 - Stearic (g)	0.51
Sugar Alcohol (g)	--