Father Sam's Bakery Item # 02238

Large White Pocket Breads

(net weight 32 oz (907g) Version 2.1

Nutrition Facts					
16 servings per container					1
Serving Size		1/4 pita (57		(57g)	
-	Per servng		Per serving		1
Calories		150		600	
		% DV		% DV	<u> </u>
Total Fat	0g	0%	2g	2%	ı
Saturated Fat	0g	0%	0g	0%	ı
Trans Fat	0g		0g		(
Polyunsaturated Fat	0g		1.5g		1
Monounsaturated Fat	0g		0g		ļ
Cholesterol	0mg	0%	0mg	0%	
Sodium	300mg	13%	1200mg	52%	1
Total Carbohydrate	31g	11%	124g	44%	
Dietary Fiber	<1g	4%	4g	16%	
Total Sugars	3g		12g		
Incl. Added Sugars	3g	5%	12g	20%	, o
Protein	5g		20g		
Vitamin D	0.1mcg	0%	0.4mcg	0%	1
Calcium	89mg	6%	356mg		
Iron	1.7mg	8%	6.8mg	32%	
Potassium	45mg	0%	180mg	0%	

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet. 2000 calories a day is used for general Nutrition advice

Ingredeints: Wheat Flour, Enriched, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Water, Sugar, Salt, Yeast, Calcium Propionate, Monoglycerides, Guar Gum, Corn Syrup Solids, Contains 2% or less of each of the Following: Soybean Oil, Ascorbic Acid, Enzymes.

Contains: Wheat

Contains A Bioengineered Ingredient